



Inner-City Outreach Center Food Pantry Needs

Food Items

Canned vegetables (spinach, turnip greens, pinto beans, black eye peas, green beans, etc.)
Tuna
Chicken Vienna sausage
Canned chicken
Canned pasta meals (ravioli, spaghetti, Beef-a-roni, etc.)
Canned fruit
Pasta and pasta sauce
Instant potatoes
Rice
Soups and chili with beans
Peanut butter and Jelly
Peanut Butter Crackers – Individual snack packs (Lance, Frito Lay, etc.)
Cereal Bars
Instant Oatmeal (Box of 10 – We divide and distribute individually.)
Powder Milk



Other (Their food stamps do not cover the following needed items.)

All-purpose household cleaner
Paper towels
Dishwashing liquid
Dial soap
Deodorant
Shampoo
Toothbrushes
Toothpaste
Feminine Hygiene Pads and Tampons – Maxi
Toilet Tissue
Flushable Wipes



Baby Items (The government provides baby formula for the first year.)

Diapers – Newborn to size 5
Baby wipes
Desitin

**Thank you so much for helping to feed and provide daily needs for our Inner-City folks. The RTEA ministers to the poorest in our city. We distribute food pantry items to our families every week. Thank you for loving them in Jesus' name. ❤️ Please contact Beth, bethmcdaniel633@gmail.com, to coordinate food pantry donations. Bless you!!*